

SANKHYA

YOGA SCHOOL & WELLNESS CENTER

725 North 4th Street, 2nd Floor
Philadelphia, Pennsylvania 19123
Tel: 267-234-0196
Email: info@sankhyayoga.com
www.sankhvavoaa.com



Life Inspired by Yoga, Created by YOU!
Live Your Passion.™

Our yoga sessions and wellness offerings are customized to emphasize stress relief, relaxation, detoxification, and tranquility all while rebuilding the strength of the body and restoring good health. By having yoga sessions conveniently available at your workplace you:

- increase the likelihood of sticking to your weekly physical activity/wellness routine
- take time to decompress and de-stress while you're at work
- build and generate a more positive work environment
- relief from sitting all day; being at a desk for the majority of the day can lead to back and neck problems

SANKHYA Office Yoga Services

Basic office yoga package offers:

- 45 - 60 mins. 1 time per week yoga sessions on-site at your office
- Personal Wellness Account (PWA) with SANKHYA YOGA SCHOOL & WELLNESS CENTER - includes 20% discount for ALL employees on ALL wellness services at SANKHYA YSWC. For the duration of your package.

*Rate: \$35 person, per session - 10 person minimum, 6 week session minimum

Essential office yoga package offers:

- 45 - 60 mins. 1 time per week yoga sessions on-site at your office
- Personal Wellness Account (PWA) with SANKHYA YOGA SCHOOL & WELLNESS CENTER - includes 20% discount for ALL employees on ALL wellness services at SANKHYA YSWC. For the duration of your package.
- 2 hour Nutrition workshop on-site at your office (twice per month)

*Rate: \$45 person, per session - 10 person minimum, 6 week session minimum

Inspired office yoga package offers:

- 45 - 60 mins. 1 time per week yoga sessions on-site at your office
- Personal Wellness Account (PWA) with SANKHYA YOGA SCHOOL & WELLNESS CENTER - includes 20% discount for ALL employees on ALL wellness services at SANKHYA YSWC. For the duration of your package.
- 2 hour Nutrition workshop on-site at your office (twice per month)
- One Free Monthly Unlimited Class Card – A \$75 savings!

*Rate: \$55 person, per session - 10 person minimum, 6 week session minimum

**Ask about our reduced pricing options for 20 or more employees and/or registering for 6 months to one year of services.*

Payment Information:

Dedicating your time to wellness should be a priority, so we offer a variety of options to make registering and renewing simple and less time consuming.

- Employees pay for the package
- Employer pays for the package
- Package is subsidized, employer pays for a portion of the package and employees pay the remainder

All payments must be made in full prior to any services being rendered.

Payment Options

We accept payments:

- **by check – checks should be made payable to SANKHYA YSWC LLC. All returned checks are subject to returned check fee.**
- **by credit card – fees will automatically be debited from the credit card/corporate credit card that we have on file for your account.**
- **by wire/funds transfer – fees will be electronically transferred. Recurring transfers can be set up.**
- **by paypal payments to info@sankhyayoga.com**

